



## Highly Recommended Adventure Gear:

- Hiking shoes or boots, w/ GORE-TEX for winter treks
- Wool socks (minimizes blisters)
- Sweatshirt or Shell (dress in layers for fall/winter)
- Small comfortable daypack
- Hat
- Sunscreen
- Sunglasses
- Camera
- Binoculars

NOTE: GrapeTime Adventures will provide water, trekking poles, and umbrellas.