



GRAPETIME
ADVENTURE WINE TOURS

Hood Mountain Regional Park

Standing 2,750 ft over the Sonoma Valley, Hood Mountain offers challenging hikes and unparalleled views.

Ponds, creeks, oaks and redwoods dominate the landscape here. There's also a historic homestead en route to the summit, giving you a glimpse of what it was like living here in the late 1800's.

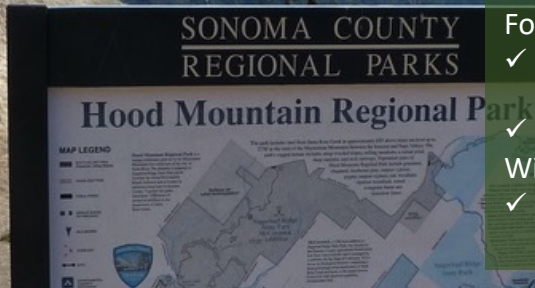


Adventure Options

Available year-round, 9am pickup @ Sonoma Plaza
(tours conclude at approx. 3:00pm)

Recommended Gear:

- ✓ Lo/Hi Hiking Shoes. Trail Runners can work, but these are better!
- ✓ Water bottle/hydration pack
- ✓ Light Jacket (+ Rain Shell in Winter)
- ✓ Hat, Sunscreen
- ✓ Umbrellas provided (if needed)



Food & Wine Tour Info:

- ✓ Hikes include 2 winery visits (tasting fee's included in tour price)
 - ✓ Fresh, local, lunch included
- Wineries available:
- ✓ Valley of the Moon, Mayo, VJB, Muscardini, La Rochelle, Bump

2 Hour Hikes

Homestead Meadow

- Moderate, 4.5 miles. 800ft elev. gain
- Steep initial climb to Lower Johnson Ridge trail, then it levels off to a steady, gradual ascent up to the late 1800's homestead. Unfortunately, the ruins were burned by the October, 2017 fires.

Nattkemper Bench

- Moderate, 4.5 miles. 800ft elev. gain
- Steady, but pulse-quickenning, ascent through forests of oak and fir trees that were burned significantly in the 2017 fires. As we ascend to Nattkemper Bench, a memorial to the conservator of Hood Mountain and Sugarloaf Ridge Parks, we'll have fantastic views of the entire Sonoma Valley.

3+ Hour Hikes

Hood Mountain Summit

- Strenuous, 7 miles. 2,100ft elev. gain
- A thigh burner up the Upper Johnson Ridge trail. We'll pass Frog Pond and Homestead Meadow, then from the ridgeline ascend a very steep trail to the summit. From here, we descend to Gunsight Rock where we can see all the way to the Pacific Ocean!

Goodspeed Trail

- Strenuous, 7 miles. 2000ft elev. gain
- This trek offers stunning panorama's in several spots. We'll cross year-round and seasonal creeks, and a forest that bears the aftermath of the 2017 fires. The last mile to the summit is steep and challenging. This trail also provides access to Gunsight Rock!

